



Impressionable Years Newsletter



FEBRUARY/MARCH Newsletter 2010

Volume 21/22

Impressionable Years
Child Care Center
1041 Route 3 North
Gambrills, MD 21054
410-721-0544



Impressionable News

Our official hours are 6:30am-6:30pm. Saturday care is available (1 week advanced notification is required). Saturday care is from 8:00am-4:00pm. See Rate Sheet for pricing.

Lunch is served for children 18 months and above. Menus are distributed monthly and posted on our web page. Please send lunch on days you feel your child does not like what's on the menu. We do not provide milk or juice in sippy cups or bottles. Milk and juice is served in 4 oz cups (seconds are available) only at snack and lunch times. If you require your child to have more during the day, please send more.

We have installed new hand sanitizer at the front entrance and in the hall going back to the infant/todfant wing to try to cut back on germs. I am encouraging staff and parents to use them.

Our theme for February is "Transportation". March's theme is "Nursery Rhymes". Teachers send home a weekly lesson plan, progress report and a homework folder each Friday. Homework is mandatory and due every Friday by 10:00 am.

On Thursday, February 11 we will have Family Craft Night beginning at 6:30 pm. Parents and children will be able to make crafts at different stations. Participation is a way of earning your center volunteer hours. Please sign up in the lobby if you plan to attend so we can get a head count.

On Thursday, March 11 we will have Spaghetti Dinner Night beginning at 6:30 pm. Cost is \$5.00 Adults and \$2.50 for children. Family and friends are welcome. Participation is a way of earning your center volunteer hours. Please sign up in the lobby if you plan to attend so we can get a head count.

Parents Night Out is always the last Friday of every month from 6:30 -10:00 (See signup sheet for pricing). The Tumble Bus comes every Tuesday from 9:00-11:00.

Important Dates:

- 2/11 - Family Craft Night
- 2/26 - Parents Night Out
- 3/11 - Spaghetti Dinner Night
- 4/2 - Spring Bake Sale
- 4/30 - Parents Night Out
- 5/7 - Muffins for Moms
- 5/28 - Preschool Summer Camp Fee Due
- 5/28 - Parents Night Out

Holiday Schedule:

5/31 - Memorial Day
(CENTER CLOSED)

Staff Birthday's

- 2/18 - Ms. Alyssa
- 3/10 - Ms. Diamond
- 3/31 - Ms. Maria
- 3/31 - Ms. LaJuan

Student Birthday's

2/3 - Matthew
 2/7 - Timmy
 2/24 -Olyvia
 2/27 - Juliana
 3/2 - Taylor
 3/4 - Miguel
 3/5 - Dominic S.
 3/7 - Dominic D.
 3/7 - Mark
 3/11 - Kylie P.
 3/13 - Lauren
 3/15 - Devin
 3/16 - Cole
 3/16 -Alex
 3/16 - Myles

New Staff

Ms. Michelle (Teacher)
 Ms. Megan (Floater)
 Ms. Shantel (Floater)
 Ms. Tamika (Floater)
 Ms. Patricia (Floater)
 Ms. Katherine (Asst. Man)

Please continue to provide us with shot record updates and emergency information as changes come available. **It is crucial that we have the most current contact information.**

I would like to welcome Ms. Katherine beginning 2/1. She will be the Assistant Manager. Her role will be to help the center run effectively and to look for ways to improve the center and helping to implement those changes. In her first couple of weeks she will be getting acclimated with the children, staff, center policies and procedures. Please help me in welcoming her to our family.

Parenting Tips/Info.

Help Preschoolers Learn to Enjoy a Variety of Fruits and Vegetables;

Preschoolers need 2 to 3.5 cups of fruits and vegetables each day. Fruits and vegetables contain many vitamins and minerals that help children grow and stay healthy. Encourage children to try fruits and vegetables and eat them yourself.

Tips:

- Fruits and vegetables may be fresh, canned, frozen or dried, and may be whole, cut-up or pureed.
- Choose canned fruits packed in juice instead of syrup.
- Serve no more than $\frac{1}{2}$ cup to $\frac{3}{4}$ cup (4 to 6 ounces) of juice a day. Choose 100% fruit juice - check the label to be sure.
- Include fruits and vegetables in meals and snacks every day. Go to [LearnToLive Heathly.org](http://LearnToLiveHeathly.org) for more info.

Reminder to Parents

- Please bring in coats and shoes for all children for the daily outside play.
- Remember to read your child's daily reports in case something is needed for the next day.
- Please label your children's clothing and bring in blankets labeled for nap time.
- Please don't forget to take your children's sheets and blankets home on Friday's to be washed.
- Ask your child to tell you about their day and talk about what they learned. Ask specific questions.